

The Mission of NAHC is to assist American Indians and Alaskan Natives to improve and maintain their physical, mental, emotional, social, and spiritual well being with respect for cultural traditions, and to advocate for the needs of all Indian people, especially the most vulnerable members of our community.

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www.nativehealth.org

Family & Child Guidance Clinic



The Native American Health Center is a community-based, non-profit 501(c)(3) organization. Founded in 1972, NAHC also offers dental, pediatrics, women's health, prenatal care, wellness education, youth services, homelessness case management, WIC and HIV/AIDS primary medical care.

Family & Child Guidance Clinic

Native American Health Center

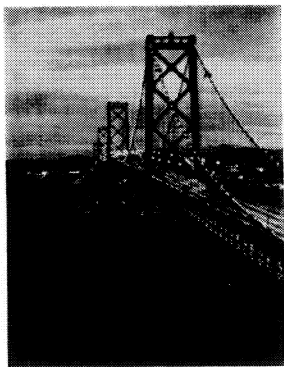
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Office Hours: M-F, 8:30 am — 5:00 pm

www.nativehealth.org

Family & Child Guidance Clinic



The *Family and Child Guidance Clinic* (FCGC) of the *Native American Health Center* (NAHC) uses a community mental health model. FCGC opened its doors

in 1989. A holistic approach is utilized to accomplish a meaningful community intervention. The client is treated as a "whole" person with medical, emotional, spiritual, and social needs. Treatment is geared toward restoring balance and integrative health for the individual and family.

Program Activities

- ❖ Individual therapy
- ❖ Family therapy
- ❖ Group therapy
- ❖ Case management
- ❖ Traditional healing
- ❖ Outreach
- ❖ Training
- ❖ Positive parenting
- ❖ Talking circles
- ❖ Youth prevention
- ❖ Relapse prevention

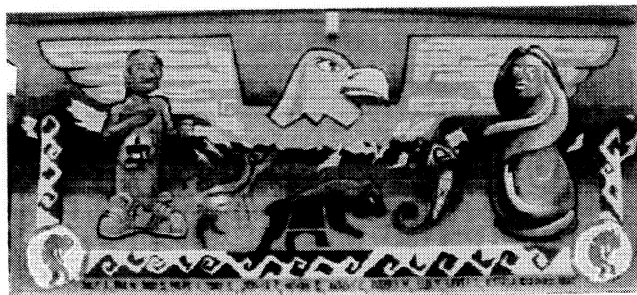
Family & Child Guidance Clinic is funded by the Center of Substance Abuse Treatment (CSAT), Center for Mental Health Services (CMHS), Center for Substance Abuse Prevention (CSAP), Indian Health Service (IHS), Alameda County, City of Oakland, and State of California Department of Alcohol and Drug Programs.

Urban Native Youth

Urban Native Youth is a prevention program designed to reduce substance abuse and HIV/AIDS among Native American youth. This program is funded by CSAP. For more information contact Solis Aguilera, ext. 465.

Native Youth Circle

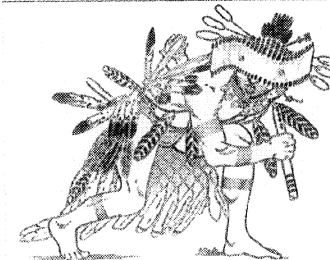
The *Native Youth Circle* provides substance abuse and HIV/AIDS services for American Indian adolescents in a comprehensive array of family services. This program is funded by CSAT. For more information contact Bonni Cardoza, ext. 420.



Hintil Mural by NAHC youth (2003)

Native Circle

Native Circle provides culturally competent mental health services to Native Americans living with HIV/AIDS in San Francisco. This program is funded by CMHS. For more information contact Nelson Jim, ext. 533.



E. Willie, artist

Urban Trails

Urban Trails provides mental health services for American Indian children and their families through a culturally-competent system of care. This program is funded by CMHS in collaboration with the City of Oakland. For more information contact Sandra Beauchamp, ext. 484.

Generation Seven

Generation 7 is an adolescent treatment program for substance abusing Native American youth. Treatment includes Motivational Enhancement and Cognitive Behavioral Therapy. CSAT funds Generation 7. For more information contact Seprieono Locario, ext. 233.

Native Women

Native Women is designed to meet the needs of substance abusing Native American women who are high risk for HIV/AIDS. This program is funded by CSAT. For more information contact Veda Gamez, ext. 486.